

**“The Improbable Miracle: Surviving March 22nd, 2016”** counts the real life story of a young woman and athlete whose life was shattered in a split second and how she overcame the impossible. Her story is both heartbreaking and inspirational.



The year 2016 was a turning point not only in Belgian history but also for Karen Northshield, an American who grew up in Belgium, and whose life turned around in a split second. On the morning of March 22nd, 2016, a bomb went off at the Brussels’ International Airport. Without knowing it, Karen was standing right next to the first kamikaze whose luggage exploded. In the blink of an eye, she was blown away by the bomb, leaving her on the bare floor of the airport with an exploded hip and open pelvis fracture and other severe injuries. From one second to the next, she went from a young woman and athlete in perfect health to a war victim covered in war injuries from head to toe.

She was transported in extremis to Brussels’ biggest hospital, where the doctors gave her zero chance of survival. For almost four years she was hospitalized, fighting countless life-threatening infections and injuries due to the explosion. To this day she has undergone more than 60 operations and has overcome the most improbable medical battles. Together with her book, Karen gives motivational speeches and conferences on resilience around the world.

She delivers in her book “The Improbable Miracle: Surviving March 22nd, 2016” a message of hope, courage and determination above all.

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*Karen Northshield* | **THE IMPROBABLE MIRACLE: SURVIVING MARCH 22ND, 2016**

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